

Meat Yields

Item	% Yield
BEEF	
Chuck	85
Flank	90
Flap Meat	80
Inside Round	65
Neck	75
Rib Chop	83
Rump	79
Shank Hind	43
Shank Fore	61
Shoulder Clod	75
Short Ribs	68
Sirloin Butt	70
Sirloin Top Full Cut	71
Steak Club	83
Steak Porterhouse	91
Steak T-Bone	88
Tender PSMO	75
Ribeye Steak Lip Off	72
Ribeye Steak Lip On	78
Strip Steak Center Cut	80
Strip Steak End Cut	63
Top Butt Steak Cap On	52
Top Butt Steak Center Cut	38
Peeled Tenderloin	52
LAMB	
Breast & Flank	89
Chop	75
Foreleg	70
Loin	89
Rib	81
Shoulder	86

Meat Yields

Item	% Yield
PORK	
Bacon	93
Butt Boneless	85
Chop	75
Ham	85
Picnic	81
Shoulder	81
Tenderloins	88
VEAL	
Chuck	80
Flank	99
Fore Shank	82
Leg, Boned & Trimmed	44
Loin	83
Plate	79
Rib	77
Round	77
CHICKEN	
Broiler/Fryer Without Neck/Giblets	89
Drum	63
Thighs	70
Wings	50
Breast	87
Breast Quarter	75
Drum	69
Leg	75
Leg Quarter	71
Thigh	82
DUCK	
Dressed	88
Legs	24
Wings	11



LOOK UP ITEM
CTRL + F

Meat Yields

Item	% Yield
TURKEY	
Whole, Dressed	90
VENISON	
Loin Chop	75
SEAFOOD	
Bass, Without Skin Filet	59
Clams, Edible Portion	15
Cod, Filet Without Skin	30
Crab, Blue From Shell	17
Crab, Dungeness From Shell	27
Crab, King From Shell	25
Crawfish, Tail	12
Crawfish, Back	23
Flounder, Filet Without Skin	41
Frog Legs, Flesh	65
Halibut, Filet Without Skin	59
Lobster, Meat Body Claw Tail	28
Oyster, Meat & Liquor	18
Snapper, Filet With Skin	73
Salmon, Meat Boneless Raw	88
Shrimp, Cleaned Without Shell	81
Tilapia, Dressed Filet	45
Trout, Filet Without Skin	59